

## Hygiene bag zip-pouch pattern

This pouch will hold 3 panty liners, 3 tampons and 3 pads.

Approximate size: 3"X 5" up to 5"X 7"

- 2 fabrics for outside/main and lining
- F-101 interfacing: cut 2 for bag main pieces and attach
- Cut 2 from each fabric 8" X 5 ½"
- Zipper: trim ends off to 6 ½" long
- Cut 2 zipper tabs from main fabric: 1 ½" X 2 ½ "
- Tutorials on Pinterest:
  - Free-Tutorial.net = Zipper pouch tutorial  
<https://www.free-tutorial.net/2017/09/patchwork-zipper-pouch-tutorial.html>
  - Elm Street Quilts = Basic Zip Pouch tutorial  
<https://www.elmstreetquilts.com/2015/11/bag-it-basic-zip-pouch.html>
  - Rosies Art Studio = add a zipper tab on you-tube